

PSAS Events

For parents, educators, mental-health professionals, students, and other people interested in human relationships and human well-being.

Please see the schedule on the following page.

The science of the mind can only have for its proper goal the understanding of human nature by every human being . . . and peace for every human soul.

Alfred Adler, MD

In this spirit, PSAS offers free **First Friday Forums**, free, grant- or donation-funded **Positive Discipline** and **Disciplina Positiva** parenting courses, and other educational events for everyone who is intrigued with human relationships and well-being. We are delighted to report that the Horizons Foundation has again funded a year-long series of our parenting courses.

At our **First Friday Forums**, various presenters address subjects of interest to mental-health professionals, educators, parents, and others interested in human relationships and well-being.

At quarterly forums, **Stephen A. Maybell, PhD** (Director of the Student Counseling Center and Professor of Marriage and Family Therapy at Seattle Pacific University) has presented **Clinical Conversations**. He is taking time off to deal with health concerns, and we hope that he'll return for more forum presentations later on.

We are sad to say that our **Professional Development Seminars** for mental-health professionals and graduate students have been suspended because of the passing of **Robert L. Powers**, one of our presenters, and the decision by his wife and co-presenter **Jane Griffith** to move back East.

With the retirement of **Stephanie Cross**, **Sanity Circus** (our parenting course for 30 years) morphed into **Positive Discipline** and **Disciplina Positiva** courses---still Adlerian, still free, and still co-sponsored and hosted by various other nonprofit organizations. We are delighted that **Anita Garcia Morales** and **Ximena Grollmus** are now the presenters for these courses. (Both are also PSAS Board members.) We also hope to be offering the course **Active Parenting of Teens** shortly.

With **Sound Discipline** and the **Positive Discipline Association**, we co-sponsor **Teaching Parenting the Positive Discipline Way** and **Positive Discipline in the Classroom**. With **Sound Discipline**, we also co-sponsor the course **Positive Discipline in the Early Childhood Classroom**.

CE hours for licensed mental-health professionals are available at PSAS events. The CE fee is \$10 per hour for PSAS members, and \$15 per hour for others.

To join the PSAS "Friends" email list for event notices, or for further information, please call or email us, 206-527-2566, psas@att.net. To become a PSAS member, please see www.pasadler.org/membership.pdf. Annual dues are \$30.00. To suggest a topic or presenter for a **First Friday Forum**, please email or call us.

*Our mission is to nurture dignity for all
by encouraging democratic relationships and a sense of belonging.*

Friday, November 3, 2017

PSAS Board Meeting, 6:15 – 7:15 p.m. PSAS members are welcome to visit.

First Friday Forum, 7:30 – 9:30 p.m. Free. Everyone is welcome. RSVP (space is limited).

Skosh Jacobsen, MA

Right Brain/Left Brain: Controversy, Conciliation, and Application

Skosh is a therapist in private practice and a long-time member of the PSAS Board. She will lead a discussion of right- brain and left-brain characteristics and facilitations of either or both, including use of right-brain creativity for learning and healing.

Learning Objectives (for CE hours for mental-health professionals):

Participants will discuss characteristics, dominance, and benefits of the right and left brain.

Participants will learn the history and the dispute of the right- and left-brain dominance controversy.

Participants will discuss how the right and left brain are used in learning and therapy.

Participants will learn specific right-brain solutions for a variety of therapeutic and classroom applications.

Save these dates:

December 8 – Ximena Grollmus & Anita Garcia Morales

December 10 – The PSAS holiday party for members

January 5, 2018