

# PSAS BOOKS, TAPES, VIDEOS, CDs, & DVDs

May 2010

## Puget Sound Adlerian Society

An Affiliate of the North American Society of Adlerian Psychology

Web site [www.psasadler.org](http://www.psasadler.org). E-mail [psas@att.net](mailto:psas@att.net). Phone & fax 206-527-2566.

*Our mission is to nurture dignity for all  
by encouraging democratic relationships and a sense of belonging.*

**What We Do.** A nonprofit educational organization founded in 1975, PSAS offers information, workshops, lectures, courses, and other support to parents, teachers, counselors, therapists, social workers, psychologists, workplace managers, and other people who are interested in mutually respectful, cooperative relationships and democratic community-building in families, classrooms, workplaces, and elsewhere.

**Adlerian Psychology in Brief.** Early in the 20th century, Alfred Adler, M.D., a Viennese physician and psychiatrist, came to a holistic understanding of human nature and the great importance of our perceptions and our relationships for our own emotional and physical health and for the health of our families and communities. Adlerian Psychology holds that human beings are goal-oriented and choice-making by nature, not mechanistically victims of instinct, drives, and environment. As social beings, our basic goal is *to belong*. Although heredity and environment have strong influences, to a large extent we make our own choices of *how* to belong. Sometimes our choices result from mistaken perceptions. Children, for example, sometimes seem to believe that they belong only when they are the center of attention. Some adults act as if they believe they belong only when they can control others, or take revenge on others, or withdraw from others. Adlerians hope to let go of such "private logic" and embrace dignity and respect in all relationships, contribute to the welfare of others, and thereby become emotionally and physically healthier and create a more democratic culture.

**Orders Are Welcome.** We greatly appreciate your interest and your orders (see the order form on p. 8). Books in English and Spanish are available. **Spanish titles are shown in red.** Sales and rentals help support a wide range of information and referral services for parents, teachers, counselors, doctors and nurses, social service agencies, and nonprofit organizations. (Please note that prices can be changed without notice, reflecting publishers' increases.)

**Discounts.** PSAS members receive a **20%** discount on most purchases. Parenting instructors receive a **15%** discount on books purchased in quantity for parenting courses. Schools and libraries receive **15%** off most purchases.

**Library:** Our library lends books and some tapes and videos for no charge other than shipping. Other tapes and videos may be rented for a low fee (or free if the borrower is in one of our parenting classes). See our catalog at [www.LibraryThing.com/catalog/PSASLibrary](http://www.LibraryThing.com/catalog/PSASLibrary), or call to browse.

**The Parenting Calendar:** See our website ([www.psasadler.org/calendar.pdf](http://www.psasadler.org/calendar.pdf)) for a listing of parenting courses, coaches and mentors, and support groups offered by a great many organizations in the central Puget Sound area.

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Recent additions to the list are shown in boxes and bold type.

## Books for Everyone

- Bettner, Betty Lou, Ph.D., Ed. *An Adlerian Resource Book* (reproducible educational materials). \$14.95.
- Carlson, Jon, Psy.D., Ed.D. *The Basics of Stress Management*. Pamphlet. \$1.50.
- Coloroso, Barbara. *The Bully, the Bullied, and the Bystander*. \$14.00.
- Croake, James, Ph.D., & Steven Slavik, M.A., *The Adolescent and the Family in the Twenty-First Century*. \$17.00.
- Dewey, Edith A. *Basic Applications of Adlerian Psychology*. \$10.95.
- Dinkmeyer, Don, Sr., Ph.D. *The Basics of Self-Acceptance*. Pamphlet. \$1.50.
- \_\_\_\_\_. *The Basics of Understanding Your Lifestyle*. Pamphlet. \$1.50.
- \_\_\_\_\_. *Leadership by Encouragement*. \$54.95.
- Dinkmeyer, Don, Jr., & Lewis Lesoncy. *The Skills of Encouragement*. \$26.95.
- Dreikurs, Rudolf, M.D. *Social Equality: The Challenge of Today*. \$9.95.
- Kohn, Alfie. *Punished by Rewards*. \$14.00.
- Lott, Lynn, Riki Intner, & Barbara Mendenhall. *Do It Yourself Therapy*. \$14.99.
- Manaster, Guy, et al., eds. *Alfred Adler: As We Remember Him*. \$7.95.
- McKay, Gary D., Ph.D. *The Basics of Anger*. Pamphlet. \$1.50.
- \_\_\_\_\_. *The Basics of Encouragement*. Pamphlet. \$1.50.
- \_\_\_\_\_, & Don Dinkmeyer. *How You Feel Is Up To You* (2<sup>nd</sup> ed.). \$14.95.
- Schnebly, Lee. *Do-It-Yourself Happiness: How To Be Your Own Counselor*. \$7.95.
- \_\_\_\_\_. *Nurturing Yourself and Others*. \$14.00. (Revision of *Out of Apples*.)
- Siegel, Daniel J., M.D. *The Mindful Brain*. \$26.95.

## Tapes, Videos, CDs for Everyone

- Bezruchka, Stephen, M.D., M.P.H. *Building Trust and Security Builds Health and Longevity* (DVD, 60 min.). \$12.00.
- Glenn, H. Stephen, Ph.D. *Developing Capable Young People*. 6 audio tapes (English or **Spanish**) \$49.95. 3 DVDs, 5½ hr. \$135.00, 6 CDs \$59.95.
- \_\_\_\_\_. *Developing Healthy Self-Esteem*. 60-min. audio tape \$10.95, rental \$2/wk. 60-min. video \$39.95, rental \$5/wk.
- Nelsen, Jane, Ed.D. *Positive Discipline* (90-min. audio tape). \$10.00. Rental \$2/wk.
- \_\_\_\_\_. *Positive Discipline* (2 hr.), with *Study Guide*. Video or DVD, \$49.95. CD \$19.95.

## Books for Parents

- Bayard, Robert T, Ph.D., & Jean Bayard, Ph.D. *How To Deal with Your Acting-Up Teenager: Practical Self-Help for Desperate Parents*. \$14.95.
- Bettner, Betty Lou, Ph.D., *The "Creative Force": How Children Create Their Personalities*. \$12.00.
- Bettner, Betty Lou, Ph.D., & Amy Lew, Ph.D. *Raising Kids Who Can* (rev.). \$9.50.
- Carlson, Jon, Psy.D., Ed.D., & Don Dinkmeyer, Jr., Ph.D. *The Basics of Discipline*. Pamphlet. \$1.50.
- Coloroso, Barbara. *Kids Are Worth It! Giving Your Child the Gift of Inner Discipline* (rev.). \$14.00.
- \_\_\_\_\_. ***Padres Respetuosos, Hijos Responsables*. \$15.00.**
- \_\_\_\_\_. *Parenting Through Crisis: Helping Kids in Times of Loss, Grief, and Change*. \$14.00.
- \_\_\_\_\_. *Parenting with Wit and Wisdom*. \$25.00.
- \_\_\_\_\_. *The Bully, the Bullied, and the Bystander: From Preschool to High School—How Parents and Teachers Can Help Break the Cycle of Violence*. \$14.00.
- Croake, James W., Ph.D., & Nancy Catlin, Ph.D. *A Teleoanalytic Approach to Adolescence*. \$10.95.
- Dinkmeyer, Don, Sr., Ph.D., Gary D. McKay, Ph.D., James S. Dinkmeyer, & Don Dinkmeyer, Jr. The STEP series (Systematic Training for Effective Parenting): ***Guía para los Padres***, *Parenting Young Children*, *Parenting Teenagers*, and *The Parent's Handbook*. \$16.99 each.
- Dinkmeyer, Don, Jr., Ph.D. *The Basics of Adult-Teen Relationships*. Pamphlet. \$1.50.

- \_\_\_\_\_, & Jim Dinkmeyer, M.A. *The Basics of Parenting*. Pamphlet. \$1.50.
- Dreikurs, Rudolf, M.D., & Vicki Soltz. *Children: The Challenge*. \$15.00.
- \_\_\_\_\_, & Pearl Cassel. *Discipline Without Tears*. \$9.95.
- Duffy, Roslyn Ann. *The Top Ten Preschool Parenting Problems and what to do about them!* \$18.95.
- Faber, Adele, & Elaine Mazlish. *How To Talk So Kids Can Learn At Home and in School*. \$14.00.
- \_\_\_\_\_. *How To Talk So Kids Will Listen & Listen So Kids Will Talk*. \$13.95.
- \_\_\_\_\_. ***How To Talk So Teens Will Listen & Listen So Teens Will Talk*. \$14.95.**
- \_\_\_\_\_. *Liberated Parents, Liberated Children: Your Guide to a Happier Family*. \$13.00.
- \_\_\_\_\_. *Siblings Without Rivalry*. \$13.00.
- Glenn, H. Stephen, Ph.D., & Jane Nelsen, Ed.D. *Raising Self-Reliant Children in a Self-Indulgent World*. \$15.95.
- Hancock, Rick, Psy.D. *Parenting Teens without Power and Strings*. \$16.50.
- Joslin, Karen Renshaw. *Positive Parenting from A to Z*. \$12.50.
- Kohn, Alfie. *Unconditional Parenting: Moving from Rewards and Punishments to Love and Reason*. \$14.00.
- Leo, Pam. *Connection Parenting ~ Parenting through Connection instead of Coercion, Through Love instead of Fear*. \$15.00.
- Lott, Lynn, & Riki Intner. *Chores without Wars: Turning Housework into Teamwork*. (2005 ed.) \$14.95.
- Kurcinka, Mary Sheedy. *Raising Your Spirited Child*. \$13.00.
- McKay, Gary, Ph.D., & Steven A. Maybell, Ph.D. *Calming the Family Storm: Anger Management for Moms, Dads, and All the Kids*. \$16.95.
- \_\_\_\_\_, Joyce L. McKay, Ph.D., Daniel Eckstein, Ph.D., & Steven A. Maybell, Ph.D. *Raising Respectful Kids in a Rude World: Teaching Your Children the Power of Mutual Respect and Consideration*. \$16.95.
- Nault, Kelly. *When You're about To Go Off the Deep End, Don't Take Your Kids with You*. \$19.95.
- Nelsen, Jane, Ed.D. *Disciplina Positiva*. \$25.00.**
- \_\_\_\_\_, & Lynn Lott. ***Disciplina Positiva para Adolescentes*. \$42.67.**
- \_\_\_\_\_, *Positive Discipline* (rev.). \$14.95. The Positive Discipline series, with co-authors, each \$16.95:  
*Positive Discipline A→Z: 1001 Solutions to Everyday Parenting Problems, Positive Discipline for Childcare Providers, Positive Discipline for Preschoolers, Positive Discipline for Single Parents, Positive Discipline for Teenagers, Positive Discipline for Working Parents, Positive Discipline for Your Stepfamily, Positive Discipline in the Christian Home, and Positive Discipline: The First Three Years.*
- \_\_\_\_\_. *Positive Time Out: And Over 50 Ways To Avoid Power Struggles in the Home and Classroom*. \$12.95.
- \_\_\_\_\_, Riki Intner, & Lynn Lott. *Positive Discipline for Parenting in Recovery*. \$14.95.
- Platt, John M., Ed.D., et al. *Homework through Cooperation*. Pamphlet. \$4.95.
- Popkin, Michael, Ph.D., \_\_\_\_\_. *Active Parenting of Teens, Active Parenting Now*. \$14.95 each
- \_\_\_\_\_. ***Padres Activos de Hoy*. \$14.95.**
- \_\_\_\_\_. ***1, 2, 3, 4 ¡Padres!* \$13.95.**
- Schafer, Alyson, Honey, *I Wrecked the Kids ~ When Yelling, Screaming, Threats, Bribes, Time-outs, Sticker Charts and Removing Privileges All Don't Work*. \$16.95.**
- Siegel, Daniel J., M.D., & Mary Hartzell, M. Ed. *Parenting from the Inside Out: How a Deeper Self-Understanding Can Help You Raise Children Who Thrive*. \$14.95.
- Taylor, John F., Ph.D. *Helping Your Hyperactive/Attention Deficit Child*. \$19.95.
- \_\_\_\_\_. *From Defiance to Cooperation*. \$15.95.
- Tobin, L. *62 Ways To Create Change in the Lives of Troubled Children*. \$12.95. *Parenting on the Go*. \$14.95.
- \_\_\_\_\_. *What Do You Do with a Child Like This? Inside the Lives of Troubled Children*. \$19.95.
- Vincell, Valia, Ph.D., & Washington State DSHS. *Winning Ways To Talk with Young Children and **Estrategias Exitosas para hablar con niños pequeños***. Download in English from [www1.dshs.wa.gov/pdf/publications/22-649.pdf](http://www1.dshs.wa.gov/pdf/publications/22-649.pdf), or in Spanish from [www1.dshs.wa.gov/pdf/foreignlang/22-649sp.pdf](http://www1.dshs.wa.gov/pdf/foreignlang/22-649sp.pdf).
- Walton, Francis, Ph.D. *Winning Teenagers Over, or **Como Ganarse La Cooperacion de los adolescentes***. \$4.00.
- \_\_\_\_\_, & Robert W. Powers, M.A. *Winning Children Over, or **Como Ganarse a Los Ninos***. Pamphlet. \$4.00.

## Tapes, Videos, CDs for Parents

- Bradbury, Bob. *Bob Bradbury's Sanity Circus* (3½-hr. VHS or DVD condensation of course). \$25.00. Rental \$5/wk.
- Brault, Vivian. 'Tearless' Discipline (4 DVD disc series - 8 modules, 4 hrs.). \$100.00
- Coloroso, Barbara. *Kids Are Worth It! Giving Your Child the Gift of Inner Discipline* (8-hr. tape of book). \$24.95.
- \_\_\_\_\_. *Winning at Parenting . . . Without Beating Your Kids* (2-hr. tape). \$20.00. Rental \$2/wk.
- \_\_\_\_\_. *Winning at Parenting . . . Without Beating Your Kids* (2-hr. video). \$45.00. Rental \$5/wk.
- Faber, Adele, & Elaine Mazlish. *How To Talk So Kids Will Listen & Listen So Kids Will Talk* (60-min. tape). \$12.00.
- Glenn, H. Stephen. *Developing Capable Young People Lecture Series* (5½-hr. audio in English or **Spanish**, or 6-CD set, or 3-DVD set). \$49.95, or \$59.95, or \$135.00.
- \_\_\_\_\_. *Developing Healthy Self-Esteem* (60 min. audio or video). \$39.95 or \$10.95.
- Nelsen, Jane, Ed.D. *Positive Discipline Birth to Five* (2-hr, 2-CD set). \$19.95.
- \_\_\_\_\_. *Positive Discipline Classics*, (2-hr.) CD set \$19.95. DVD \$49.95,

## Resources for Parent Educators

- Brault, Vivian. 'Tearless' Discipline (4 DVD disc series - 8 modules, 4 hrs.). \$100.00
- Dinkmeyer, Don, Jr., Gary D. McKay, et al. Instructor's kits with videos: *Systematic Training for Effective Parenting* (STEP), English or **Spanish**, \$399.99. *STEP/Teen*, \$399.99. *Early Childhood STEP*, \$299.99.
- Glenn, H. Stephen, Ph.D. *Developing Capable Young People: Complete Package* (videos, audios, leader's guide, participant workbook, *Raising Self-Reliant Children, Positive Discipline*). \$180.00 at [www.capabilities.com](http://www.capabilities.com).
- \_\_\_\_\_. *Developing Capable Young People: Participant Workbook*. \$11.95.
- \_\_\_\_\_. *Developing Healthy Self-Esteem*. 60-min. audio tape \$10.95, rental \$2/wk. 60-min. video \$39.95, rental \$5/wk.
- Lott, Lynn, & Jane Nelsen. *Teaching Parenting the Positive Discipline Way: Facilitator's Guide*. \$69.95.
- Popkin, Michael H., Ph.D. *Active Parenting of Teens: Program Kit*. English, \$599. Korean (subtitled), \$295.00.
- \_\_\_\_\_. *Active Parenting Now: Program Kit*. VHS or DVD, \$599. Also available in Spanish, Japanese, and Korean. ***Padres Activos de Hoy: Program Kit*. \$399.00.**

## Books for Children & Teens

- Dinkmeyer, Don, et al. *PREP: Preparation for Effective Family Living*. \$14.95.
- Kaufman, Gershen, Ph.D., Lev Raphael, Ph.D., & Pamela Espeland. *Stick Up for Yourself! Every Kid's Guide to Personal Power and Positive Self-Esteem*. \$12.95.

## Books for Educators & School Counselors

- Bettner, Betty Lou, Ph.D., & Amy Lew, Ph.D. *Responsibility in the Classroom: A Teacher's Guide to Understanding and Motivating Students*. \$6.00.
- Brigman, Greg, et al., eds. *School Counselor Consultation: Skills for Working Effectively with Parents, Teachers, and Other School Personnel*. \$39.95.
- Chew, Alex L., Ed.D. *A Primer on Adlerian Psychology: Behavior Management Techniques for Young Children*. \$16.95.
- Coloroso, Barbara. *The Bully, the Bullied, and the Bystander*. \$13.95.
- Deiro, Judy, Ph.D. *Teachers DO Make a Difference: The Teacher's Guide to Connecting with Students*. \$27.95.
- Dreikurs, Rudolf, M.D., Pearl Cassel, M.Ed., & Eva Dreikurs Ferguson, Ph.D. *Discipline Without Tears* (rev.). \$12.95.
- Bernice Grunwald, & Floy C. Pepper. *Maintaining Sanity in the Classroom*. \$29.00.
- Faber, Adele, & Elaine Mazlish. *How To Talk So Kids Can Learn*. \$14.00.
- \_\_\_\_\_. *How To Talk So Kids Will Listen & Listen So Kids Will Talk*. \$13.95.
- Krenz, Douglas, M.Ed., & David MacDougall, Ph.D. *25 Classroom Activities To Change the World Through Encouragement*. \$3.95.
- Nelsen, Jane, Ed.D. *Positive Discipline in the Classroom* (3<sup>rd</sup> edition). \$16.95.

\_\_\_\_\_. *Positive Time Out*. \$12.95.  
 \_\_\_\_\_, & Roslyn Duffy, et al. *Positive Discipline: A Teacher's A-Z Guide*. \$16.95.  
 \_\_\_\_\_, & Cheryl Erwin. *Positive Discipline for Childcare Providers*. \$16.95.  
 \_\_\_\_\_, & Lynn Lott. *Positive Discipline in the Classroom: Teacher's Guide*. \$69.95.  
 Owens, Dan, & John Platt. *Kids' Study Groups: From Classroom Meetings to Peer Counseling*. \$8.00.  
 Popkin, Michael H., Ph.D. *Active Teaching* \$14.95. *Active Teaching Leader's Guide* \$39.95.  
 Tobin, L. *62 Ways To Create Change in the Lives of Troubled Children*. \$12.95.  
 \_\_\_\_\_. *What Do You Do with a Child Like This? Inside the Lives of Troubled Children*. \$19.95.  
 Wenc, Charlene C. *Cooperation: Learning through Laughter*. \$7.95.

## Tapes & Videos for Educators

Brault, Vivian. 'Tearless' Discipline (4 DVD disc series - 8 modules, 4 hrs.). \$100.00 (Provider Edition).  
 Coloroso, Barbara. *Winning at Teaching . . . Without Beating Your Kids* (2-hr. video). \$45.00. Rental \$5/wk.  
 \_\_\_\_\_. *Winning at Teaching . . . Without Beating Your Kids* (2-hr. tape). \$20.00. Rental \$2/wk.  
 Empowering People, Inc. *Positive Discipline in the Classroom: Eight Building Blocks for Effective Class Meetings* (15-min. video). \$9.95. Rental free.  
 Glenn, H. Stephen, Ph.D. *Teachers Who Make a Difference* (90-min. tape) \$14.95. Rental \$2/wk.  
 \_\_\_\_\_. *Teachers Who Make a Difference* (90-min. video). \$49.95. Rental \$5/wk.  
 Meder, Frank, & California State University, Sacramento. *Class Meetings* (29-min. video). \$49.95. Rental \$5/wk.

## Books & Tapes for Couples

Boyan, Susan Blyth, M.Ed., & Termini, Ann Marie. *Cooperative Parenting and Divorce: Shielding Your Child from Conflict--A Parent Guide to Effective Co-Parenting*. \$19.95.  
 Carlson, Jon, Psy.D., Ed.D., & Don Dinkmeyer, Sr., Ph.D. *The Basics of Marriage*. Pamphlet. \$1.50.  
 \_\_\_\_\_. *Time for a Better Marriage*. (rev.) \$15.95.  
 Jampolsky, Gerald G., MD. *Mini Course for Healing Relationships and Bringing About Peace of Mind*. \$10.00.  
 Lew, Amy, & Betty Lou Bettner. *Cinderella, the Sequel: When the Fairy Tale Ends and Real Life Begins*. \$12.00.  
 Schnebly, Lee. *Being Happy Being Married*. \$12.95.  
 Shaw, Leonard. *Money, Sex, & Food*. \$15.00 (tape), and *When Love Is a Rollercoaster*. \$15.00 (tape).

## Books about Adlerian Theory & Therapy

Adler, Alfred, M.D. *The Individual Psychology of Alfred Adler: A Systematic Presentation in Selections from His Writings*, Heinz L. Ansbacher & Rowena R. Ansbacher, eds. \$17.00.  
 \_\_\_\_\_. *The Neurotic Character: Fundamentals of Individual Psychology & Psychotherapy*. Vol. 1 of *The Collected Clinical Works of Alfred Adler*. \$95.00 + \$7.00 shipping.  
 \_\_\_\_\_. *Journal Articles: 1898-1909*. Vol. 2 of *The Collected Clinical Works of Alfred Adler*. \$59.00 + \$7.00 shipping.  
 \_\_\_\_\_. *Journal Articles: 1910-1913*. Vol. 3. \$59.00 + \$7.00 shipping.  
 \_\_\_\_\_. *Journal Articles: 1914-1920*. Vol. 4. " " "  
 \_\_\_\_\_. *Journal Articles: 1921-1926*. Vol. 5. " " "  
 \_\_\_\_\_. *Journal Articles: 1927-1931*. Vol. 6. " " "  
 \_\_\_\_\_. *Journal Articles: 1931-1937*. Vol. 7. " " "  
 \_\_\_\_\_. *Lectures to Physicians & Medical Students*. Vol. 8. \$59.00 + \$7.00 shipping.  
 \_\_\_\_\_. *Case Histories*. Vol. 9. \$59.00 + \$7.00 shipping.  
 \_\_\_\_\_. *Case Readings & Demonstrations*. Vol. 10. \$59.00 + \$7.00 shipping.  
 Carlson, Jon, Psy.D., Ed.D., & Steven Slavik, M.A. *Techniques in Adlerian Psychology*. 1997. \$51.95.  
 \_\_\_\_\_, & Len Sperry, M.C., Ph.D., eds. *The Disordered Couple*. 1998. \$55.95.  
 \_\_\_\_\_, Richard E. Watts, & Michael Maniaci. *Adlerian Therapy: Theory and Practice*. 2006.  
 \$59.95.

- Christensen, Oscar C., ed. *Adlerian Family Counseling* (3<sup>rd</sup> ed.). 2004. \$16.95.
- Clark, Arthur J., Ed.D., *Early Recollections: Theory and Practice in Counseling and Psychotherapy*. 2002. \$26.95.
- Dinkmeyer, Don, Jr., & Len Sperry. *Counseling and Psychotherapy: An Integrated, Individual Psychology Approach* (3<sup>rd</sup> edition). 2000. \$46.00 (no discount).
- Dreikurs, Rudolf, M.D. *Psychodynamics, Psychotherapy, and Counseling: Collected Papers of Rudolf Dreikurs, M.D.* Rev. 1973. \$13.00.
- \_\_\_\_\_. *Fundamentals of Adlerian Psychology*. \$19.95.
- \_\_\_\_\_. *Social Equality: The Challenge of Today*. \$9.95.
- Ferguson, Eva Dreikurs. *Adlerian Theory: An Introduction*. \$19.95.
- Fowler, John R., Ph.D., & James W. Croake, Ph.D. *Dreikursian Theory*. \$25.00.
- Griffith, Jane, & Robert L. Powers. *The Lexicon of Adlerian Psychology: 106 Terms Associated with the Individual Psychology of Alfred Adler*. 2007. \$25.00.
- Grunwald, Bernice, M.Ed., & Harold V. McAbee, Ed.D. *Guiding the Family: Practical Counseling Techniques* (2<sup>nd</sup> edition). 1999. \$39.95.
- Kopp, Richard R., Ph.D. *Metaphor Therapy: Using Client-Generated Metaphors in Psychotherapy*. \$40.95.
- Kottman, Terry, Ph.D. *Partners in Play: An Adlerian Approach to Play Therapy*, 2<sup>nd</sup> edition. 2002. \$45.95.
- Lott, Lynn, Riki Intner, & Barbara Mendenhall. *Do-It-Yourself Therapy: How To Think, Feel, and Act Like a New Person in Just 8 Weeks*. \$14.99.
- Manaster, Guy J., & Raymond J. Corsini. *Individual Psychology: Theory and Practice*. \$19.95.
- Mosak, Harold, Ph.D., & Michael Maniacci, Psy.D., *A Primer of Adlerian Psychology: The Analytic-Behavioral-Cognitive Psychology of Alfred Adler*. 1999. \$35.95.
- Oberst, Ursula E., & Alan E. Stewart. *Adlerian Psychotherapy: An Advanced Approach to Individual Psychology*. 2003. \$31.95.
- Peven, Dorothy E., & Bernard H. Shulman, "Who Is Sylvia?" and Other Stories: *Case Studies in Psychotherapy*. 2002. \$26.95.
- Powers, Robert L., & Jane Griffith. *Individual Psychology Client Workbook*. \$21.95.
- \_\_\_\_\_. *Understanding Life-Style: The Psycho-Clarity Process*. \$39.95.
- Sherman, Robert, & Don Dinkmeyer. *Systems of Family Therapy: An Adlerian Integration*. 1987. \$65.95.
- Shulman, Bernard H., Ph.D. *Contributions to Adlerian Psychology*. \$14.50
- \_\_\_\_\_. *Essays in Schizophrenia*. \$19.95.
- Sonstegard, Manfred A. & James R. Bitter, with Peggy Pelonis. *Adlerian Group Counseling and Therapy: Step-By-Step*. 2004. \$29.95.
- Sweeney, Thomas J., Ph.D. *Adlerian Counseling: A Practitioner's Approach* (4<sup>th</sup> edition). 1998. \$60.95.
- Watts, Richard E., ed., *Adlerian, Cognitive, and Constructivist Therapies*. 2003. \$31.95.
- \_\_\_\_\_, Ph.D., & Jon Carlson, Psy.D., Ed.D. *Interventions and Strategies in Counseling and Psychotherapy*. 1999. \$38.95.

## *DVDs about Adlerian Theory & Therapy*

**These DVDs are available only to members of the mental health professions, students, and educational institutions for educational purposes. Any other use is a violation of the clients' rights to privacy. The material is copyrighted and may not be reproduced.**

- Powers, Robert L., & Deb. *The Case of Deb ~ Hidden Mourning Revealed*. \$24.95.
- \_\_\_\_\_, Jane Griffith, & a volunteer family. *A Family Counseling Demonstration ~ A Family Reconciles*. \$24.95
- \_\_\_\_\_, & a volunteer couple. *A Couple Counseling Demonstration ~ Uncovering Hidden Expectations*. \$24.95.
- \_\_\_\_\_, & a volunteer client. *A Counseling Demonstration with a Volunteer Client ~ Overambition & the Liberation of Defeat*. \$24.95

# ORDER FORM

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